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| Name of Policy: | **Food and Drink Policy** |
| Name of Setting: | **Busy Bees**  |
| Overall Aim of Statement: | To prevent the spread of all infections and disease. |
| Specific Objectives/ Statements and Procedures for how you will achieve each one: | **Staff/Volunteers*** Always wash hands under running water before handling food and after using the toilet.
* Not to be involved with the preparation of food if suffering from any infectious/contagious illness or skin trouble.
* Never cough or sneeze over food.
* Use different cleaning cloths for kitchen and toilet areas. All colour coded for ease. These are disposed of regularly.
* Prepare raw and cooked food in separate areas.
* Keep food covered and either refrigerated or piping hot.
* Ensure waste is disposed of properly and out of reach of children. Use the compost bin for all compostable waste. Keep a lid on the bins and wash hands after using.
* Wash fresh fruit and vegetables thoroughly before use.
* Any food and drink that requires heating will be heated immediately prior to serving and not left standing. No food or drink will be reheated.
* Any hot adult drinks must be kept in the kitchen.
* Tea towels will be washed at the end of each session.
* All utensils will be kept clean and stored in a dust free place.
* Ensure there is always water available to drink.

**Children*** Children have a choice of several healthy snacks which are picked from a menu along with a choice of drink. Milk provided for children is whole and pasteurised.
* During the year children are involved with growing a variety of foods and then eat the produce having helped prepare it.
* Children are encouraged to follow all our hygiene policy.
* We have visitors throughout the year to help promote health and hygiene, including dentists and doctors.
* A multi cultural diet is offered to ensure that children from all back grounds encounter familiar tastes and all children have the opportunity to try unfamiliar foods.
* Water is available at all times.

**Parents/Carers*** It is important to notify Busy Bees staff of any allergies to food, or religious dietary rules, so upmost care is taken in preparation of snack, baking or food tasting.
* A list of children with allergies is kept and displayed clearly in the kitchen for whoever is preparing snack and parent helpers, bank staff and volunteers are made aware of this.
* Parents are encouraged to follow our healthy eating policy when sending food to Busy Bees. We ask that no sweets or biscuits are sent for letter of the week time.
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| Useful websites | [**www.nutrition.org.uk**](http://www.nutrition.org.uk)[**www.allergyinschools.org.uk**](http://www.allergyinschools.org.uk)[**www.food.gov.uk**](http://www.food.gov.uk)[**www.hse.gov.uk**](http://www.hse.gov.uk)[**www.pre-school.org.uk**](http://www.pre-school.org.uk)**www.stop-the-rot.co.uk** |
| References to other relevant policies: | Health and Safety, Equal Opportunities, Special Educational Needs, Interaction, Induction and Training |
| Policy Monitoring and Evaluation Information: | Staff and chairperson |
| Signature | R Lily |
| Review Date and next review due date: reviewed Jan 15 – next review Jan 16 |